

LE VIE VERDI

CYCLING PATHS IN THE BRINDISI PROVINCE

Facing the Adriatic Sea, the Brindisi Province occupies the central area of Puglia, summarizing the diverse landscapes and history. The north east is characterized by the "murgia" hilly landscape, the white cities painted with milk of lime, terrace fields, Trulli and farms. The Murgia hills slope towards the sea, in rocky shores. Flowing to the sea, the rain has carved in the limestone rocks, gorges used since ancient times as settlements and productive sites. Proceeding southward, the murgia gives way to the Salento plain with his landscapes characterized by olive groves, vineyards, orchards and crops. The cities of Salento often hide in their old town, baroque or medieval unsuspected beauties and historical and architectural prestige. In the south east cost, nature does not fail to impress with forests of oak and cork. Those who merely follow the major traffic routes will miss the hidden beauty of this land. It will disclose as a virgin land to those who will chose outdoor adventures, biking or hiking, in the net of secondary roads and lanes. This guide is an invitation, we hope irresistible, to go beyond the "pillars of Hercules" of the usual routes and explore the remote side of this land.



1

ROUTE

VIA TRAIANA

Departure: Fasano
Arrival: Brindisi
Total distance: 80 km
Level of difficulty: medium
Gradient: slight
Type of road: Dirt country road 3 km; low traffic asphalted road 56 km; city road 3 km
Railway stations: Fasano, Ostuni, Carovigno, Brindisi
Highlights en route: Fasano ⁵; Lamalunga, the church of Seppannibale ¹; the ruins of Egnatia. Ostuni ¹⁵; the white city, and the Roman-Gothic cathedral; Masseria Montalbano ⁷; Madonna del Belvedere ¹² near Carovigno; Brindisi ³⁸; S.Maria del Casale; Torre Guaceto reserve ¹⁶;
Description: The itinerary is named after the ancient Via Appia Traiana, built by the Roman emperor Traiano to connect Brindisi and Rome by way of Avellino and Bari, thus being an alternative route to Via Appia. The old Via Traiana connected Brindisi ³⁸, Carovigno ²⁰, Ostuni ¹⁵ and Fasano ⁵. During the Norman and Angevin era Via Traiana was used by pilgrims and crusaders who travelled to the ports of Brindisi and Bari, from where they sailed for the Holy Land. Cycling along the ancient Via Traiana is like plunging into the past while at the same time acquainting oneself with some of the most beautiful coastline of Italy. From the low-lying regions of Ostuni and Fasano, centre of the ancient rock settlements (see also Itinerary n.2), to the plains of century old olive groves and on to the swampy regions of Serranova ²², Torre Guaceto ¹⁶ and Giancola.

The province of Brindisi is rich in ancient byzantine cave settlements; most of them are located along the coast. All along the Via Traiana route we find the settlements of Lamalunga and Seppannibale ¹ in the territory of Fasano ⁵; S.Maria di Agnano, S.Oronzo, S.Biagio in Rialbo, S.Lucia, S.Antonio Abate, S.Lucia della Lama, S.Margherita and S.Maria la Nova in the territory of Ostuni ¹⁵; the crypt of Madonna del Belvedere ¹⁶ is near Carovigno ²⁰. The cave church of Madonna della Grotta ⁴³ is visible along the route that goes from Ceglie Messapica ³⁵ to Francavilla Fontana ⁵⁹.



2

ROUTE

WAY OF THE COASTAL DUNES AND CAVE SETTLEMENTS FROM OSTUNI TO BRINDISI

Departure: Ostuni
Arrival: Brindisi
Total distance: 76 kms
Gradient: the route follows the coast at sea-level
Type of Road: the cycle path follows the routes along the coastal dunes of Torre Canne and Torre San Leonardo (Km 9), Villa Nova to Costa Merlata (Km 5) and an area of cave settlements (Km 12) (total 26 km). The remainder of the route extends along asphalted roads as well as some dirt roads following the coastline.
Suggested Bicycle: Mountain bike
Railway stations: Cisternino (FS), Fontevecchia (FS), Carovigno, San Vito dei Normanni and Brindisi (FS). (Check train timetables, and arrival and departure points at www.trenitalia.it)
Highlights en route: Watchtowers: Torre San Leonardo ⁵, Torre San Sabina ⁸, Torre Guaceto ¹⁶ and Torre Testa ²⁴.
Cave settlements: In the area of San Vito dei Normanni near the route one can find the crypts of San Biagio ¹⁰, San Giovanni ⁴⁰ and San Nicola ³².
Areas of Natural Interest: Agricultural park of ancient olive groves, coastal dunes of Torre Canne ² and Torre San Leonardo Regional National Park ⁶, Torre Guaceto Nature Reserve ¹⁶.

Description: The route starts from the Fontevecchia ⁶ contrada (farm) in Ostuni. This abandoned railway station has been reopened as a station and visitors' centre for the coastal parks of Torre Canne and Torre San Leonardo. Near the centre you can rent bikes and go on guided tours in the park. To reach the area of coastal dunes you must cross SS379 and follow the signs for Pliane. From the Lido Morelli service area follow the cycle path that allows you to visit the protected area. From the sea looking inland one can observe the rich vegetation of the sandy dunes, which are covered with lentisk and phillypia. Immediately behind the dunes there is a wetland environment with ponds and reed beds followed by an area of maquis, juniper and fossil dunes. Coming down towards Brindisi one finds the two protected wetlands of Torre Guaceto ¹⁶ and Canale Giancola which support rare plant and animal species and provide a breeding area for migratory birds. At Villanova you will find another coastal tower built by Carlo V to defend the limits of his kingdom from the attacks of the Turks. These towers encircle the entire Salento peninsula from Ostuni to Taranto to form a security barrier. Each tower was inhabited and equipped with alarms using fire, smoke and bells which alerted the horseguards who raised the alarm amongst the local population crying "Mamma li Turki". To guard against the frequent enemy attacks occurring throughout the course of history, the local population adapted to living in caves and dug-out habitations, building constructions for agriculture use and churches in "Lame" (recess in the rock formation). Close to the reserve of Torre Guaceto, the route leaves the coast and goes inland along a gorge which was excavated by the Royal Canal. The rock civilization developed in Puglia during the early Middle Ages under Byzantine domination. The Karst landscape was carved by water throughout the ages and the natural environment made of gorge and ravines was inhabited long before that time, since the banks were relatively easy to hollow out, and also because of the presence of perennial or seasonal water sources. The communities living in the caves were part of a habitat which is unique from the historical, anthropological and natural points of view. Some of the cave settlements have been inhabited or used for a very long time, up until the last century. The rock churches often display a priceless heritage of figurative art, as in the case of S.Biagio crypt ⁴².

3

ROUTE

THE NORMAN WAY

Departure: Brindisi
Arrival: Brindisi
Total distance: KM 68
Level of difficulty: Easy
Gradient: 60m
Type of road: Asphalt low traffic
Railway stations: Brindisi (FS), Mesagne (FS); San Vito (FS), Latiano (FS), Oria (FS)
Highlights en route: Castles in: Mesagne ³², San Vito del Normanni ³⁴, Carovigno ²⁰, Masseria Bacatani ²⁹, Masseria Badessa ²⁸, Madonna del Belvedere ¹⁶.

Description: The Norman way (blue itinerary) starts from the provincial capital Brindisi and goes - through Carovigno, San Vito dei Normanni and San Michele Salentino. Some links connect this route to the coast roads of Apani, Torre Guaceto, Torre S.Sabina, to the "Percorso della Civiltà Rupestre" and to the "Applan Way" coming back to Brindisi. Towers, castles and farms - typical features of the Brindisi territory - represent the main characteristics of this cycling route, along with the discovery of ancient residences and fortifications built to defend towns and ports against enemies. Some fortresses have remained almost intact, others have been transformed into noble residences by rich and aristocratic families who thus displayed their social status. Riding along this itinerary one will find traces of Norman, Swabian, Angevin and Aragonese dominations. In Brindisi ³⁸ the Land Castle, built as Frederick II's fortified residence, and the Sea Castle, built by Alfonso of Aragon in the outer harbour in XV century, stand out among all the monuments. In Carovigno ²⁰ the Castle Dentice di Frasso is noteworthy, it was built by Raimondo Orsini del Balzo, prince of Taranto, in order to defend the territory against the Saracen raids in XV century. Another Castle, Dentice di Frasso, in San Vito dei Normanni ³⁴, whose original structure was erected by Boemondo of Altavilla in XI century and then enlarged by the Orsini del Balzo's family. Along the cycling route it is possible to you will see many farmhouses dotted throughout the landscape. The white colour of their walls clearly stands out in the territory of San Michele Salentino ³⁶; their typical appearance present images of a past way of life and memories of past generations, when the country prevailed on the town and the land represented the only source of livelihood. The whole itinerary is enriched by the fascination of many rocky, archaeological, religious and nature settlements which complete its beauty. Short detours bring one to other castles near the proposed route: the Norman-Swabian Castle in Mesagne ³², the Imperial Palace in Latiano ³³, the Castle of Serranova ²².



4

ROUTE

THE WAY OF THE TRULLI

Route 4.1: Ostuni-Cisternino-Villa Castell- li-Ceglie Messapica-Ostuni
Route 4.2: Ostuni-Ceglie Messapica-Ostuni
Route 4.3: Cisternino-Villa Castell Ceglie Messapica-Pascarosà-Cisternino.
Route 4.4: Ceglie-Francavilla, km 16
Distance: Route 6.1 and 6.3 are about 70km each; Route 4.2 is 37 km, Route 4.4 is 17 Km.
Gradient: 200 m on average for each route.
Level of difficulty: medium.
Type of road: Dirt road km 25; low-traffic asphalted road km 70; Part of the journey follows the non asphalt route of the aqueduct.
Suggested bicycle: city bike or mountain bike.
Trekking path: the portion that runs along the service track of the Apulian Aque- duct is suitable for trekking. We suggest you leave the car near Masseria Monte d'Oro.
Railway stations: Cisternino (FS and FSE); Ceglie Messapica (FSE); Ostuni (FS)
Highlights en route: crypt of S.Biagio in Rialbo ¹⁰; church of Madonna d'I-bernia ¹⁶; Cisternino ¹²; Masseria Monte d'Oro ³⁰; Pascarosà rural village; Trullo sovrano ²¹; Ostuni's old centre ¹⁶.



Description: This route connects the finest aspects of the south-eastern Mur- gia countryside, where many people are living permanently in the countryside, some of them in trulli or similar dry-stone buildings. Cycling is in fact the best way to discover this hidden land which the urbanization of the past 50 years has barely affected, and to enjoy some of the best preserved views of Valle d'Itria. Exploring this countryside one begins to realize how its inhabitants have interferred as little as possible with nature as they stove to eke a living from its dry stony land.



Part of the routes n.4.1 and 4.3 run along the service road of the Apulian Aque- duct, which is not open to traffic and goes throughout Murgia, just like a very long greenway. Though it is not indicated by any tourist guide, this road offers unique views, colors and scents to the visitor moving by bike, on foot or on horseback. It crosses the hilly land without any steep slopes; it presents a natural road-bed and can be cycled by any kind of bike apart from a racing bike. The cyclist will discover the "unaware beauty", of this land. The local inhabitants believe they own a simple patch of land which produces fruits for their families, but they often don't realize the importance, in today's globalized world, of pre- serving the original fuctions of their small farms.



5

ROUTE

THE APPIAN WAY

Departure: Brindisi, Roman pillars
Arrival: Grottaglie
Total distance: 55 km
Level of difficulty: medium
Gradient: 110 m
Hilliness: very slight, except for the gen- tile incline to the centre of Oria
Type of road: low traffic, asphalted road
Railway stations: Brindisi, Mesagne, Latiano, Francavilla Fontana (FS and FSE) and Grottaglie railway stations.



6

ROUTE

CERANO AND THE CORK WOODS

Departure: Brindisi
Arrival: Brindisi
Total distance: 38km
Level of difficulty: easy
Gradient: slight
Type of road: dirt road 4km, low traffic asphalt road 30km and urban roads 4km
Railway stations: Brindisi (FS), San Pietro Vernotico (FS), Squinza- no (FS)
Highlights en route: salt-works (Brindisi) ³⁵, woods of Cerano (San Pietro) ³¹, woods of Santa Teresa (Tuturano) ³⁷, woods of Preti (Brindisi) ³⁰, woods of Lucci Brindisi ⁴⁹.
Walking excursions: route through the woods of Cerano, Lucci, Preti and Santa Teresa.

Description: the itinerary starts near the industrial area of Brindisi ³⁸ and runs for tens of kilometres through an industrial/urban setting interrupted by two natural reserves: woods of Cerano ³¹, and the woods of SantaTeresa ³⁵ del Lucci ⁴⁹; and one regional park: salt-works of Punta della Contessa ⁵⁶, founded in 2002 as a regional nature park. Leaving Brindisi one proceeds along a road running parallel to the railway line which was used to transport coal to the Cerano power station. In the past the principal source of income for the town was the salt-works "Punta della Contessa", which is the first stop on our trip. Up until 1800 the salt was exported and the resulting income used to construct the town centre. The end of the procedure of salt extraction lead to the natural formation of swamps which are now a favourite resting site for birds migrating from Africa to Europe. Arriving near the former power station one becomes immersed in the natural beauty of the Cerano woods ³¹. The reserve was once a vast lix grove, while the effects of time has brought about the present formation of Mediterranean maquis composed of: juniper, lentisk, phillyrea, myrtle and holm oak. Continuing on the route brings us to the woods of Santa Teresa ³⁵, Lucci ⁴⁹ and Preti ³⁰. Here we find precious botanical relics of the most easterly European and Mediterranean cork oak among the Mediterranean maquis, featuring shrub heather and arbutus, alongside more common specimens like lentisk, myrtle, honeysuckle and cistus. Also present are Roverella oaks and Holm oaks plus some rare examples of Vallonea oak (Quercus Vallonea). As the cyclist penetrates these woods it feels like one is moving into the past, through the perfumes of the Mediter- ranean maquis and the creaking of twigs under wheels, to a time when the cultivated land of Salento alternated with vast wooded areas.



7

ROUTE

THE WAY OF THE PILGRIMS

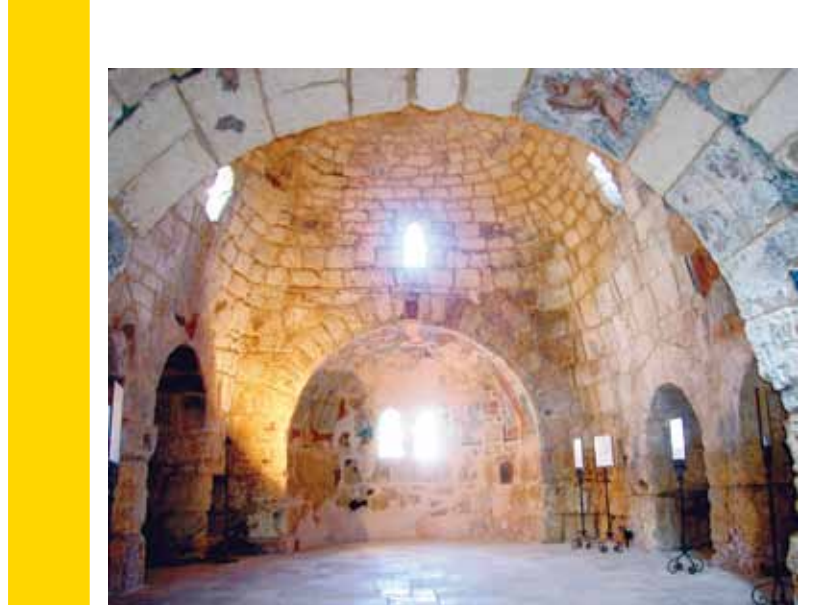
Departure: Oria
Arrival: Oria
Total distance: 40km
Level of difficulty: Easy
Gradient: 70m
Type of road: Asphalt, light traffic
Suggested bicycle: any
Railway stations: Latiano (FS), Oria (FS)
Highlights en route: Muro Tenente ⁵⁴, Church of the Madonna di Cotrino ⁵⁷, Santa Maria di Gallana ⁵¹, Svevo Castle of Oria ⁷⁰, Madonna della Scala ⁷⁵, San- ctuary of San Cosimo alla Macchia ³³, S. Lucia (Ercchie) ³⁰, underground oil-mills, Crepacuore Church ⁵⁸.

8

ROUTE

IL LIMITONE DEI GRECI
THE BOUNDARY LINE OF THE GREEKS

Departure: Torchiarolo
Arrival: Oria
Total distance: 50km
Level of difficulty: slight incline to get to Oria centre
Gradient: 80m near Oria
Type of road: Asphalt low traffic roads
Railway stations: Francavilla (FS + Sud Est), Squinzano (FS)
Highlights en route: Oria ⁷⁰: cathedral, castle, church of "San Pietro di Crepacore" (Torres anta Susanna) ³⁸, chapel of "San Misericordia" (San Pancra- zio) ⁷⁴, Roman bath ⁴² in contrada Malvindi (Mesagne), Ancient Valesio ³³ (Torchiarolo), Woods of Tramazzone ³¹, Adriatic coast ³⁰ - ³⁰.



"S. Pietro di Crepacore" - Torre Santa Susanna (Byzantin temple VI - VIII sec.)

Description: The route "Il Limitone dei Greci" (yellow itinerary), takes its name from the mythical line of rocky fortifications built by the Byzantines against the Longobards between the sixth and the ninth centuries, however the route could already have been used in the late Roman period as a linking road between Taranto and Otranto. In that period the port of Otranto took precedence over the port of Brindisi thanks to the shorter and safer trip across the Adriatic. This route offered a shortcut between Oria ⁷⁰ and Otranto without having to go through Brindisi. This route also offers an array of important archaeological sites: The church of S. Pietro di Crepacore ³⁸ in Torre Santa Susanna ³², the Roman thermal baths ⁴² in the contrada Malvindi in Mesagne and the ancient Messapian city of Valesio ³³ in Torchiarolo ⁷². The route is also a food and wine itinerary running through a production area of local wines (Primitivo, Negroamaro, Malvasia) and genuine olive oils which make Salento cooking unique and delicious, while the vineyards and olive groves themselves make for an enchanting landscape.

CYCLING PATHS
IN THE BRINDISI PROVINCE

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www.viaggiareinpuglia.it

This guide is free at
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FRANCAVILLA FONTANA 72021 Via Oria, 4
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OSTUNI 72017 Corso Mazzini, 8
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www.cicloamici.org

www.ciclovagando.com

INSTRUCTIONS FOR USING THIS TRAVEL GUIDE

The map of the cycling routes of Brindisi Province has been edited with the aim of offering to the tourists a tool for self-guided exploration of the territory. Along with the cycle routes the map shows the network of secondary and rural roads and the places of historical and naturalistic interest. With this information, suggested itineraries can be customized to your needs. Among the various routes one can select the connection of roads that make it possible to shorten the distance, visit interesting places, etc. The map has been printed to a scale of 1:150,000 (1 cm on the map corresponds to 1.5 Km).

In the map the coloured routes are rural and secondary routes where cycling is recommended for the beauty and safety of the road. Continuous lines refer to roads with cycle route signs and speed limit for cars. Dotted lines are roads which do not have signs for cyclists yet. Though these roads are not busy or dangerous it is recommended one takes maximum care while cycling. Many of the proposed routes are linear: the place of arrival is a few tens of kilometers from the start. In these cases it is advised to return by train.

On the map, for each route you find many marked places of historical, natural, architectural interest. If you get lost in the maze of streets do not panic! You will discover so many alternatives that will make your personal experience of this land more enjoyable and unforgettable.

CYCLING BY TRAIN

Bicycles can be carried on the regional (local) trains. Since 2008, in Puglia you don't have to pay any additional fee for bike transport on local trains. On long distance trains (espresso, intercitty) the bicycle can only be carried in a bag free of cost. In addition to Trenitalia (the national railway company, www.ferroviedellostato.it/) the Brindisi Province is also served by the quaint, old fashioned Ferrovie Sud Est ("South East Railway") a local railway company www.fseonline.it/. It is important to remember that the South East trains do not travel on Sunday and public holidays. In any case for big group (exceeding 10 bicycles) both Trenitalia and Sud Est require booking.



ADVICES FOR CYCLISTS

To minimize the risk of unpleasant incidents, one is advised to adhere to the following suggestions:

- Check your bike before departure: particularly the brakes, steering and tyres.
- Always use a helmet (though not legally compulsory).
- Keep to the right side of the road and cycle in a single file, especially on provincial roads.
- Wear reflective bands.
- Be careful when cycling on the indicated routes of this map as most of them are also used by cars.
- Bring water and a kit for repairing punctures (spare tyre, pump, etc.).
- Use a solid lock when you park your bicycle.
- Be safe, be seen. Wear something fluorescent during the day or reflective at night.
- At night and in poor light make sure your front and rear lights are lit and that your rear reflector can be seen.



ROUTE FILES ON GPS AND GOOGLE MAPS

The bike routes of this tourist guide in the form of GPX, KML and KMZ files can be freely downloaded from the link: www.cicloamici.it/gps.htm. Right click the links to save the files to your computer. KMZ route files can be displayed in Google Earth or Google Map. GPX files can be used on most GPS devices. KML and KMZ route files can be displayed on Google Earth and Google Maps.

SERVICES AVAILABLE FOR CYCLING TOURISTS

CICLOVAGANDO SRL
Via L. di Savola, 19 72023 Mesagne Tel +39 0831 381885 Mobile (+39) 320 570335 www.ciclovagando.com; e-mail info@ciclovagando.com
Services offered: Bicycle rental with home delivery, excursion guide, baggage transportation to destination and cycle carrier bag rental.

ASSOCIAZIONE CICLOAMICI
Tel (+39) 333 3744725 www.cicloamici.org e-mail info@cicloamici.org
Services offered: Promotion of cycling via a rich internet site and organization of Sunday cycling trips.

COOPERATIVA THALASSIA
Centro Visite Serranova (BR)
Tel (+39) 0831 989885 - (+39) 0831 989996
Fax (+39) 0831 989976
Mobile (+39) 331 9277579

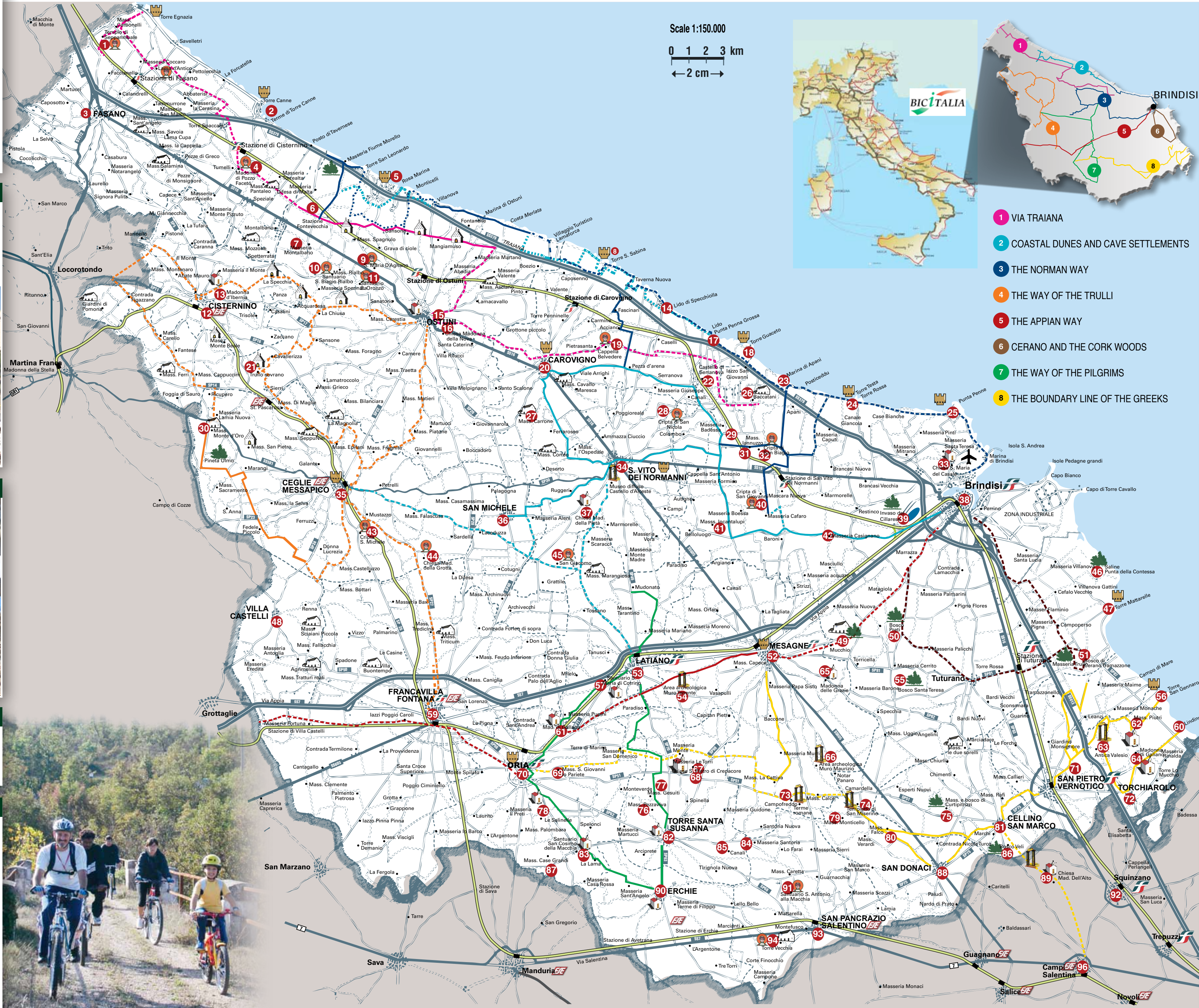
www.thalassia.coop e-mail info@thalassia.coop
Services offered: Guided excursions and bicycle rental in the vicinity of Torre Guaceto nature reserve and the coastal parks of Torre Canne and Torre San Leonardo.

COOPERATIVA SOCIALE OSTUNI A RUOTA LIBERA
Corso Mazzini, 6 - 72017 - Ostuni (BR) Tel 0831/936165, www.ostuniaruoatallibera.it e-mail info@ostuniaruoatallibera.it
Services offered: Supply and rental of "special transport for leisure time", which include three hand-bikes and bicycles for physically disabled children and adults.

CICLOMOTORICAMBI DI RONDINI FRANCESCO
Largo S. Antonio, 8 72019 San Vito dei Normanni (Br)
tel (+39) 0831-98651

Services offered: Bicycle retail and repairs.
LONGO SRL BICICLETTE SPECIALI su misura Via E. Trinchera, 28 72017 Ostuni (Br) Tel (+39) 0831 302318 (+39) 329 6173491

www.longobs.it info@libero.it
Services offered: Bicycle retail, repairs and rental.



LEGEND

- ROUTE WITH BICYCLE SIGNS
- ROUTE WITHOUT BICYCLE SIGNS
- UNPAVED MUNICIPAL ROAD
- PAVED MUNICIPAL ROAD
- DUAL CARRIAGEWAY
- STATE OR PROVINCIAL ROAD WITHOUT A TRAFFIC MEDIAN
- RAILWAY TRACK
- RAILWAY STATION
- NATIONAL RAILWAY STATION
- SOUTH-EAST RAILWAY STATION (note: no service on Sunday and holidays)
- ARCHAEOLOGICAL AREA
- CHURCH
- TOWER AND CASTLE
- TRULLI
- EDUCATIONAL FARM
- NATURAL SITE
- RUPESTRAL SITE
- AEROPORT

HIGHLIGHTS

- 1 Tempio di Seppannibale
- 2 Torre Canne
- 3 FASANO
- 4 Ch. Madonna di Pozzo Faceto
- 5 Torre San Leonardo
- 6 Fontevecchia
- 7 Masseria Montalbano
- 8 Torre Santa Sabina
- 9 Cripta Santa Maria d'Agnano
- 10 Chiesa San Biagio in Rialbo
- 11 Chiesa di Sant'Oronzo
- 12 CISTERNINO
- 13 Chiesa Madonna d'Ibemia
- 14 Lido di Specchiola
- 15 OSTUNI
- 16 Chiesa Madonna della Nova
- 17 Punta Penna Grossa
- 18 Torre Guaceto
- 19 Cripta di Belvedere
- 20 CAROVIGNO
- 21 Trullo Sorvaro
- 22 Castello di Serranova
- 23 Marina di Apani
- 24 Torre Testa
- 25 Punta Penne
- 26 Masseria Baccatani
- 27 Masseria Carrone
- 28 Cripta di San Nicola
- 29 Masseria Badessa
- 30 Masseria Monte d'Oro
- 31 Masseria Jannuzzo
- 32 Cripta di San Biagio
- 33 Chiesa di S. Maria del Casale
- 34 SAN VITO DEI NORMANNI
- 35 Ceglie Messapica
- 36 SAN MICHELE SALENTINO
- 37 Chiesetta Madonna della Pietà
- 38 BRINDISI
- 39 Invaso del Cillarese
- 40 Cripta di San Giovanni
- 41 Masseria Incantupi
- 42 Masseria Casignano
- 43 Cripta di San Michele
- 44 Masseria Madonna della Grotta
- 45 Cripta di S. Maria di S. Giacomo
- 46 Saline di punta della Contessa
- 47 Torre Mattarella
- 48 VILLA CASTELLI
- 49 Masseria e Bosco Lucci
- 50 Bosco Preti
- 51 Bosco Tramazzone
- 52 MESAGNE
- 53 LATIANO
- 54 Muro Tenente
- 55 Bosco di Santa Teresa
- 56 Torre San Gennaro
- 57 Santuario S. Maria di Cotrino
- 58 GROTTAGLIE
- 59 FRANCAVILLA FONTANA
- 60 Lendinuso
- 61 Chiesa di S. Maria di Gallana
- 62 Masseria Piutri
- 63 Antica Valesio
- 64 Chiesa Madonna di Galiano
- 65 Chiesa Madonna delle Grazie
- 66 Masseria Muro
- 67 Masseria Le Torri
- 68 Chiesa di Crepacore
- 69 Mass. S. Giovanni Lo Pariete
- 70 ORIA
- 71 SAN PIETRO VERNOTICO
- 72 TORCHIAROLO
- 73 Terme Romane
- 74 Tempio di San Miserino
- 75 Masseria Bosco Curtipettrizi
- 76 Masseria Pezza Viva
- 77 Masseria Gesuiti
- 78 Chiesa Madonna della Scala
- 79 Masseria Monticello
- 80 Masseria Falco
- 81 CELLINO SAN MARCO
- 82 TORRE SANTA SUSANNA
- 83 Santuario di S. Cosimo alla Macchia
- 84 Masseria Santoria
- 85 Masseria Canali
- 86 Bosco dei Veli
- 87 Masseria Case Grandi
- 88 SAN DONACI
- 89 Chiesa Madonna dell'Alto
- 90 ERCHIE
- 91 Chiesa di Sant'Antonio alla Macchia
- 92 SQUINZANO
- 93 SAN PANCRAZIO SALENTINO
- 94 Cripta di Sant'Angelo
- 95 MANDURIA
- 96 CAMPI SALENTINA



www.albergabici.it

ACCOMMODATION ON LINE
Albergabici service is the way to help cyclists who are touring to find a suitable accommodation. Cyclists can choose an accommodation and find out if there is a hotel or a b&b or a farmhouse with: a covered and secure place for bikes, a small repair shop or bikes for hire, guides to take people on trips in the area, special menus for cyclists and if they offer discounts and/or special services to FIAB and ECF members.



BRINDISI ROUTES IN EUROVELO AND BICITALIA NETWORK.
Some of the brindisi province cycling paths are included in Eurovelo (route n.5) and Bicitalia network (route n.3 and n.6), namely the appian way and via traiana. EUROVELO is made up of 12 routes, totalling over 66,000 km, of which about 45,000 km is already in place. Bicitalia network is cured by fiab (federation of italian cyclists) totalling over 12,000 km of cycle routes. www.bicitalia.org - www.ecf.com - www.fiab-onlus.it

